British Journal of Pharmacology (2008) 153, S298–S309
 0007–1188/08 $30.00
www.brjpharmacol.org

REVIEW

LifeSciences2007

β-arrestins and heterotrimeric G-proteins: collaborators and competitors in signal transduction

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G-protein-coupled receptors (GPCRs), also known as seven transmembrane receptors (7-TMRs), are the largest protein receptor superfamily in the body. These receptors and their ligands direct a diverse array of physiological responses, and hence have broad relevance to numerous diseases. As a result, they have generated considerable interest in the pharmaceutical industry as drug targets. Recently, GPCRs have been demonstrated to elicit signals through interaction with the scaffolding proteins, β-arrestins-1 and 2, independent of heterotrimeric G-protein coupling. This review discusses several known G-protein-independent, β-arrestin-dependent pathways and their potential physiological and pharmacological significance. The emergence of G-protein-independent signalling changes the way in which GPCR signalling is evaluated, from a cell biological to a pharmaceutical perspective and raises the possibility for the development of pathway specific therapeutics.
British Journal of Pharmacology (2008) **153,** S298–S309; doi:10.1038/sj.bjp.0707508; published online 26 November 2007

Keywords: G-protein; arrestins; G-protein-independent; GPCR; 7-TMR; heterotrimeric G-protein; Gα

Abbreviations: β_2AR, β_2 adrenergic receptor; AngII, angiotensin II; AT1R, type I angiotensin II receptor; COX2, cyclooxygenase 2; D_2R, dopamine-D_2 receptor; DAMGO, d-Ala^2-NMePhe^4-Gly-ol-enkephalin; GPCR, G-protein-coupled receptor; HEK, human embryonic kidney; MAPKs, mitogen-activated protein kinases; mGluR1, metabotropic glutamate receptor; MOR, μ-opioid receptor; PAR, protease-activated receptor; PI3K, phosphoinositide-3-kinase; PTHR, parathyroid hormone receptor; 7-TMRs, seven transmembrane receptors; V2R, vasopressin 2 receptor

Introduction

G-protein-coupled receptors (GPCRs), also known as seven transmembrane receptors (7-TMRs), are the largest protein receptor superfamily in the body. These receptors and their ligands direct a diverse array of physiological responses, and hence have broad relevance to numerous diseases. As a result, they have generated considerable interest in the pharmaceutical industry as drug targets. Therapeutics targeting GPCRs include agonists, partial agonists and antagonists, based on a two-state model of receptor activation and the concept that activation is dependent on association with heterotrimeric G-proteins. Different subclasses of Gα proteins, such as Gαs, Gαi, Gαq and $G\alpha_{12}$, signal through distinct pathways involving second messenger molecules such as cAMP, inositol triphosphate (IP3), diacylglycerol, intracellular Ca^{2+} and RhoA GTPases. Recent studies suggest that signalling through these receptors is far more diverse than originally thought, as a single GPCR can couple to multiple G-proteins, as well as signal through other adaptor proteins, independent of G-protein coupling. There are a number of parameters that can affect the pathway activated by a given GPCR. First, they can adopt multiple 'active' states, making predictions based on the two-state model of receptor activation incomplete. Second, receptor dimers appear to exhibit distinct pharmacology with respect to activation, signalling and internalization. Third, receptor clustering in membrane microdomains, such as lipid rafts, may affect G-protein coupling and trafficking. The emergence of these paradigm shifts is of vital importance to the development of drugs targeting GPCRs, and highlights the importance of evaluating multiple signalling pathways when screening specific agonists, partial agonists and antagonists.

The first evidence that there was more to GPCR signalling than meets the eye came from studies showing promiscuous coupling of a single 7-TMR to multiple G-proteins. A number of receptors can couple to multiple heterotrimeric G-proteins to elicit specific signals, often in a cell-type-specific, agonist-specific or dose-dependent fashion. For example, β_2-adrenergic receptor can couple to both Gαs and Gαi; the latter appears to occur only after phosphorylation of the receptor by PKA

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Received 8 August 2007; revised 6 September 2007; accepted 15 September 2007; published online 26 November 2007

(Daaka *et al.*, 1997). Another example is protease-activated receptor (PAR)-1, a member of a novel class of GPCRs that are activated by proteolytic cleavage of their N terminus, which unveils a six-codon tethered ligand sequence. PAR-1 is a receptor for thrombin, and can couple to Gαi/o, Gαq and $G\alpha_{12/13}$ (Vanhauwe *et al.*, 2002; Marinissen *et al.*, 2003); coupling to Gαi appears to be favoured by proteolytic activation, while coupling to Gαq is favoured by activation with soluble peptides mimicking the tethered ligand (McLaughlin *et al.*, 2005). These studies demonstrating promiscuous coupling suggested that assays measuring the generation of specific early intermediates such as cAMP (for Gαs) or intracellular Ca^{2+} and IP3 accumulation (for Gαq) were no longer sufficient to quantify receptor activation, and pointed to the importance of evaluating multiple signalling pathways. Global increases in G-protein coupling in response to agonist addition can still be assessed by quantifying membrane-associated GTPase activity. However, to complicate matters further, over the last few years it has become clear that GPCRs can signal without even coupling to a G-protein (Smith and Luttrell, 2006a).

A primary transducer of G-protein-independent signalling appears to be the β-arrestin family. These proteins, β-arrestin-1 and β-arrestin-2, were originally identified as terminators of heterotrimeric G-protein coupling and mediators of endocytosis, but were later shown to serve as scaffolds linking receptor activation to a variety of signalling cascades (Luttrell and Lefkowitz, 2002). There is now a large body of work demonstrating that various parameters such as agonist dose, agonist structure, receptor clustering and perhaps the prevalence of downstream signalling components can switch the signal from a G-protein-dependent to G-protein-independent one (Violin and Lefkowitz, 2007). Muddying the waters even further, β-arrestins sometimes work in opposition and other times in synergy with the G-protein signal. In other cases, β-arrestins and G-proteins can activate the same downstream enzyme, but through different mechanisms, leading to distinct cellular outcomes. This review covers studies demonstrating various β-arrestin-dependent signalling pathways identified for different GPCRs and their relationship with heterotrimeric G-protein signalling.

β-arrestins as transducers of G-protein-independent signals

β-arrestins were first identified as mediators rather than simply terminators of GPCR signalling in a paper by Daaka *et al.* (1998), demonstrating that β_2-adrenergic receptor (β_2AR)-induced activation of mitogen-activated protein kinases (MAPKs) was inhibited by transfection of dominant-negative mutants of β-arrestin. Shortly thereafter, formation of src/β-arrestin complexes in response to β_2AR activation was demonstrated (Luttrell *et al.*, 1999), leading to the idea that β-arrestins can serve as scaffolds to link receptors to downstream signalling pathways such as MAPK. Subsequently, similar scaffolds downstream of PAR-2, type I angiotensin II receptor (AT1R), neurokinin-1 receptor, vasopressin 2 receptor (V2R), parathyroid hormone receptor (PTH1R), CXCR4 and CCR7 were identified (Luttrell *et al.*, 1997; DeFea *et al.*, 2000a, b; Sun *et al.*, 2002; Tohgo *et al.*, 2002, 2003; Ge *et al.*, 2004; Kohout *et al.*, 2004; Caunt *et al.*, 2006). The formation of these signalling complexes is important for subcellular targeting, leading to the hypothesis that β-arrestins can exert spatial control over signalling pathways. The requirement for β-arrestins in the activation of a variety of downstream signalling pathways, including MAPKs, the small GTPase RhoA, Ral GDP dissociation factor and the actin filament severing protein cofilin, as well as the inhibition of other molecules such as NF-kB and LIMK, has now been confirmed using dominant-negative mutants, siRNA knockdown and genetic deletion (McDonald *et al.*, 2000; Kohout *et al.*, 2001; Luttrell *et al.*, 2001; Bhattacharya *et al.*, 2002; Shenoy and Lefkowitz, 2003; Ge *et al.*, 2004; Barnes *et al.*, 2005; Beaulieu *et al.*, 2005; Ren *et al.*, 2005; Kumar *et al.*, 2007; Zoudilova *et al.*, 2007). β-arrestins can also act as both inhibitors and activators of some signalling pathways; in some cases the two β-arrestins antagonize each other. For example, β-arrestin-1 can both facilitate and inhibit the phosphoinositide-3-kinase (PI3K) pathway (Povsic *et al.*, 2003; Beaulieu *et al.*, 2005; Wang and DeFea, 2006). In the case of β_2AR-, V2R- and AT1R-induced MAPK activation, one β-arrestin stimulates, while the other inhibits signalling. Despite these rather confusing aspects to β-arrestin signalling, it is becoming increasingly clear that they can elicit some of their inhibitory and stimulatory signals through direct interaction with receptors and their downstream targets.

Dissecting the role of β-arrestins as dual terminators and facilitators of signalling has become increasingly confusing, as new and diverse functions unfold. In this review, I will present three examples of β-arrestin-dependent, G-protein-independent signalling (diagrammed in Figure 1). First, a single receptor can trigger activation of the same protein through G-protein- and β-arrestin-dependent pathways to elicit spatially distinct signals and sometimes opposing responses (for example, MAPKs). Second, β-arrestin-dependent pathways can synergize with G-protein-dependent pathways to elicit an integrated response (for example, RhoA). Third, β-arrestins and G-proteins can send opposing signals to the same downstream target (for example, PI3K). This can occur through localized activation and inhibition of distinct upstream regulators.

That β-arrestins could mediate signalling, independent of heterotrimeric G-proteins, was demonstrated using a novel agonist of the AT1R, dubbed SII. SII was incapable of promoting G-protein coupling (as assessed by membrane GTPase activity), could still activate MAPK through a β-arrestin-2-dependent pathway. Likewise, an AT1R mutant (AT1-i2m), deficient in G-protein recruitment, also activated MAPK in response to angiotensin II (AngII) (Wei *et al.*, 2003). Subsequent studies by others have confirmed the existence of AT1R-mediated G-protein-independent ERK1/2 activation (Feng *et al.*, 2005; Yee *et al.*, 2006; Aplin *et al.*, 2007; Szidonya *et al.*, 2007). Over the past few years, numerous receptors have been added to the list of 7-TMRs capable of eliciting G-protein-independent signals, including PAR-2, metatrobic glutamate receptor, β_2AR, PTHR and dopamine D2 receptor (D_2R). Most of these studies have assayed MAPK activation as a readout for G-protein-independent signalling; however, β-arrestins are capable of triggering activation of other

pathways (for example cofilin) and inhibiting others (for example PI3K, LIMK, Akt), independent of prior G-protein coupling (Beaulieu *et al*., 2005; Wang and DeFea, 2006; Wang *et al*., 2007; Zoudilova *et al*., 2007).

β-arrestin-dependent MAPK activation: differential pathways, localization and responses

By far the most well-characterized role for β-arrestin-dependent signalling is in the regulation of MAPKs; ERK1/2 (p42/44MAPK), p38MAPK and Jnk can all be activated by β-arrestin-dependent signals (Shenoy and Lefkowitz, 2003). In many cases, β-arrestin-dependent activation leads to cytosolic sequestration of the activated enzymes (DeFea *et al*., 2000b; McDonald *et al*., 2000; Tohgo *et al*., 2002; Ahn *et al*., 2004; Sneddon and Friedman, 2007), although they can also facilitate nuclear translocation (DeFea *et al*., 2000a). While their ability to facilitate endocytosis may play a role in their ability to activate MAPKs (Daaka *et al*., 1998; DeFea *et al*., 2000b), for some receptors, β-arrestin-dependent ERK1/2 activation can proceed even in the absence of internalization (Pierce *et al*., 2000; de Gortízar *et al*., 2006). Studies using an inducible heterodimerization strategy to target β-arrestin to vasopressin receptor, independent of receptor activity, suggested that membrane localization of scaffolded Raf, MEK1/2 and ERK1/2 by β-arrestin was sufficient to trigger activation (Terrillon and Bouvier, 2004). For some receptors, β-arrestins scaffold tyrosine kinases such as Src, thus providing a link to classical Ras-dependent pathways of ERK1/2 activation. In other studies, expression of a stable GPCR/β-arrestin chimera resulted in agonist-independent ERK1/2 activation. In that study, the β-arrestin-dependent ERK1/2 activation required PKC and PKA activity, suggesting that β-arrestins scaffold and activate a number of enzymes linked to MAPK activity, independent of agonist-induced receptor activation. These proteins can be distinct from those activated by G-protein-dependent pathways; alternatively, β-arrestins can effectively 'steal' proteins from the G-protein pathway to direct alternate processes. Discussed below are well-characterized MAPK pathways downstream of various GPCRs, and the possible pharmacological significance of β-arrestin-dependent signalling.

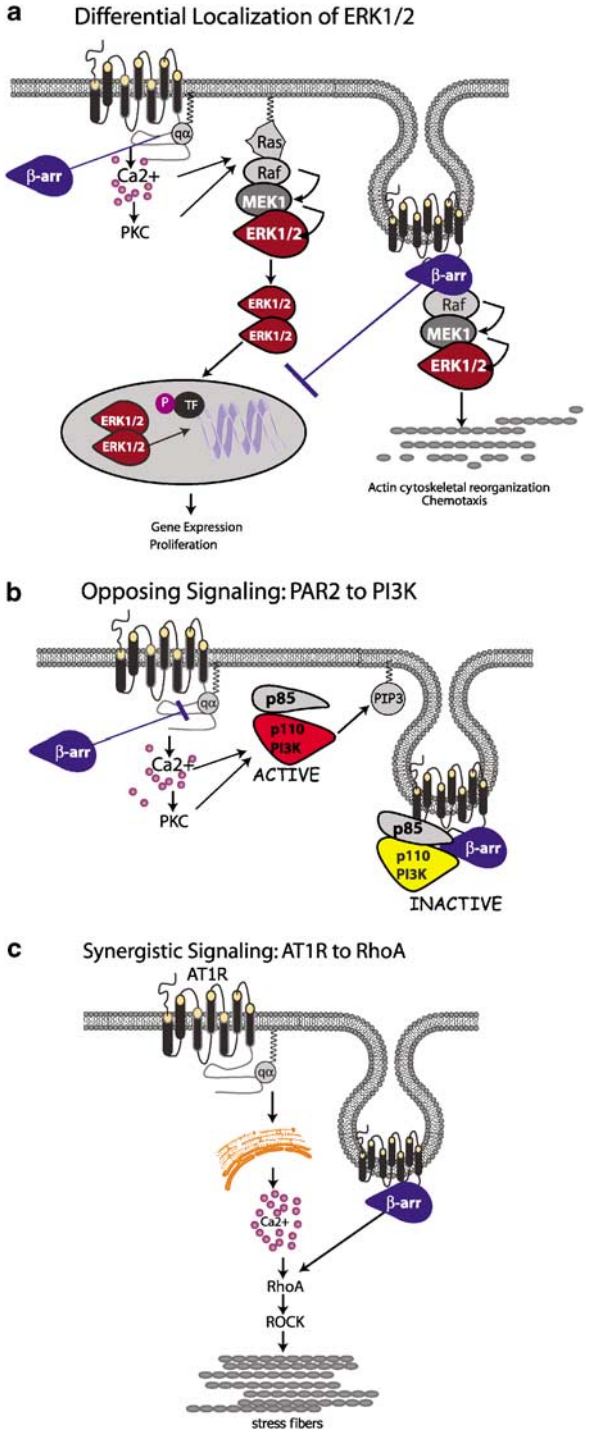

Figure 1 Types of β-arrestin-dependent, G-protein-independent signals. (**a**) Differential localization of ERK1/2. β-Arrestins can activate ERK1/2 downstream of numerous GPCRs and effectively 'steal' the kinases away the G-protein-dependent pathway. In the case of PAR-2 and AT1R, signalling through Gαq leads to mobilization of intracellular Ca^{2+}, activation of conventional PKCs and Ras-dependent activation of the MAPK module (Raf-1, MEK1/2 and ERK1/2). The activated ERKs translocate to the nucleus where they phosphorylate transcription factors (TF) leading to gene expression and proliferation. When activated through β-arrestins, the entire MAPK module is scaffolded onto the β-arrestin-bound receptor, forming an 'endosomal scaffold' that promotes prolonged activation of ERK1/2 at the membrane or within the cytosol preventing the transcriptional and proliferative effects and promoting cytoskeletal reorganization and chemotaxis. (**b**) Opposing signalling: PAR-2 to PI3K. PAR-2 can both activate and inhibit PI3K in a cell-type-specific fashion, depending on the expression level of β-arrestins. Activation of the classical Gaq/Ca^{2+} pathway leads to increased activity of the p110 catalytic subunit of PI3K, leading to generation of PIP3. Recruitment of β-arrestins leads to the formation of a unique endosomal scaffold containing the regulatory (p85) and catalytic PI3K subunits. Binding to β-arrestins directly inhibits PI3K activity. (**c**) Synergistic signalling: AT1R and RhoA. AT1R activates RhoA, leading to stress fibre formation, through activation of the RhoA effector ROCK. Both β-arrestin-dependent recruitment to the receptor and coupling to Gαq are required for RhoA activation and subsequent stress fibre formation, indicating a convergence of the two pathways at the level of RhoA. AT1R, type I angiotensin II receptor; GPCR, G-protein-coupled receptor; MAPK, mitogen-activated protein kinase; PAR, protease-activated receptor.

Adrenergic receptors

β-arrestins have been implicated in many aspects of adrenergic receptor signalling; as adrenergic antagonists are a standard method for treating heart failure, understanding the variety of mechanisms by which these receptors signal is of utmost importance. The role of β-arrestins in β_2AR-directed MAPK activation appears to vary depending on the cell type, agonist dose and time course. As mentioned previously, β_2AR can couple to both Gαs and Gαi proteins; early studies suggested that both coupling to Gαi and β-arrestin-dependent Src recruitment directed ERK1/2 (aka p42/44MAPK) activation (Daaka *et al*., 1997, 1998; Luttrell *et al*., 1999). In a study by Shenoy *et al*. (2005), careful dissection of the β_2AR MAPK pathway revealed that in HEK293 cells, early ERK1/2 activation (between 0 and 5 min) is reduced by treatment with pertussis toxin or the PKA inhibitor H-99, while late ERK1/2 activation (between 5 and 60 min) is inhibited by knockdown of either β-arrestin-1 or β-arrestin-2. These studies are consistent with others demonstrating that some inverse agonists of β_2AR can activate β-arrestin-dependent ERK1/2 independent of cAMP production (Azzi *et al*., 2003). Other studies suggest that ubiquitinylation of β-arrestin can stabilize receptor/β-arrestin/ERK complexes leading to their sequestration at the plasma membrane; whereas, under other conditions, β-arrestin might facilitate nuclear translocation of the active kinases (Kobayashi *et al*., 2005; Shenoy *et al*., 2007). Together, these data suggested a model where receptor coupling to both Gαs and Gαi mediates the early rise in phospho-MAPK levels by different mechanisms, while β-arrestins direct the prolonged MAPK phosphorylation by multiple mechanisms including scaffolding of Src (Figure 2).

β_2 Adrenergic receptor may have yet another mechanism for activation of ERK1/2. Other studies demonstrate that G-protein-independent activation of MAPK by β_2AR can involve direct interaction with and activation of Src by the receptor without requiring β-arrestins (Huang *et al*., 2004; Sun *et al*., 2007). In these studies, the G-protein-independent pathway was observed only at high agonist concentrations (>10 μM), leading the authors to invoke a model of dose-dependent switching from G-protein-dependent to G-protein-independent signalling. Both sets of studies demonstrate Src-dependent, G-protein-independent signalling at high agonist doses. They are also consistent with reports demonstrating that heterologous activation of Src by insulin receptor leads to internalization of β_2AR and raise the possibility that G-protein-independent signals emanating from GPCRs might be triggered through cross talk with other receptors. The discrepancies observed in the apparent requirement for β-arrestins between some of these studies could reflect differences in transfected versus endogenous receptor concentrations, cell-line-specific differences or perhaps differences in the contribution from β_1AR.

Studies on the α_2 adrenergic receptor (α_2AR) suggest a similar requirement for β-arrestin in ERK1/2 activation (Pierce *et al*., 2000; Wang *et al*., 2006). In one of these studies, Src inhibitors blocked ERK1/2 activation in wild-type, but not β-arrestin-deficient cells, suggesting that β-arrestins act as a molecular switch, to direct src-dependent ERK1/2 activity (Wang *et al*., 2006). An over-arching hypothesis arising from these studies is that adrenergic receptors utilize multiple pathways to activate ERK1/2, some being independent of classic heterotrimeric G-protein-dependent coupling. The G-protein-independent pathway involves transactivation of tyrosine kinases such as Src, for which β-arrestin can serve as an adaptor to facilitate its activation. Studies on other receptors (discussed below) demonstrate that different pathways of ERK1/2 activation can result in distinct cellular outcomes. Thus, antagonists of adrenergic receptors that appear to inhibit activation as determined by either G-protein coupling or ERK1/2 activation may affect only a subset of receptor functions.

Angiotensin II receptor and protease-activated receptor-2. Shortly after the initial observations that β-arrestins were required for β_2AR-induced ERK1/2 activation, additional studies emerged

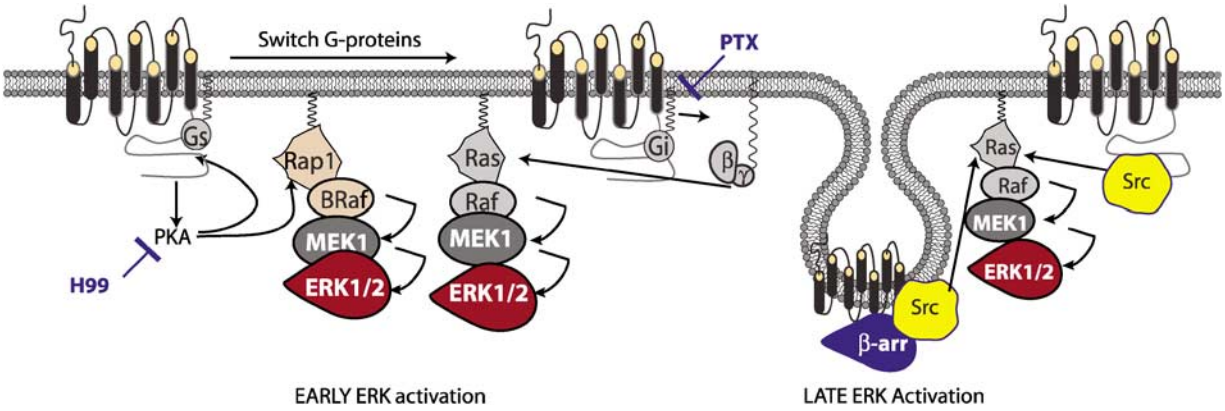

Figure 2 Model of ERK1/2 activation by β_2AR: contribution of G-protein- and β-arrestin-dependent signals. β_2AR promotes several temporally distinct phases of ERK1/2 activation, each dependent on a different signalling moiety. Activation of PKA through coupling to Gαs and subsequent cAMP generation leads to activation of the small GTPase Rap1, which activates B-raf. B-Raf can then activate MEK1 and ERK1/2. PKA also phosphorylates the receptor leading to Gαi coupling, the release of free active Gβγ subunits and activation of Ras. Both of these pathways are rapid and transient, within minutes of receptor activation. Recruitment of β-arrestin allows scaffolding and activation of Src and subsequent Ras-dependent ERK1/2 activation. At high ligand concentrations, Src can bind directly to the receptor, bypassing the requirement for β-arrestins in Src activation.

demonstrating β-arrestin-dependent ERK1/2 activation downstream of PAR-2 and AT1R (DeFea *et al.*, 2000b; Luttrell *et al.*, 2001). Both receptors signal through Gαq to elicit Ca^{2+}-dependent nuclear ERK1/2 and through β-arrestins (β-arrestin-2 in the case of AT1R and both β-arrestin-1 and β-arrestin-2 in the case of PAR-2) to promote cytosolic/membrane ERK1/2 activity (DeFea *et al.*, 2000b; Tohgo *et al.*, 2002; Ge *et al.*, 2003; Stalheim *et al.*, 2005; Smith and Luttrell, 2006b; Kumar *et al.*, 2007). Both receptors trigger formation of stable endosomal complexes independent of, and temporally and spatially distinct from, G-protein-activated ERK1/2 (DeFea *et al.*, 2000b; Wei *et al.*, 2003; Kumar *et al.*, 2007). The two receptors differ somewhat in their signalling pathways, as the β-arrestin-dependent AngII pathway is PKC-independent, whereas both the G-protein- and β-arrestin-dependent PAR-2 pathways require PKC (DeFea *et al.*, 2000b; Wei *et al.*, 2003; Ahn *et al.*, 2004). In summary, ERK1/2 activation by these two receptors can occur by either G-protein-dependent or β-arrestin-dependent pathways and the two pathways are not inter-dependent. In the case of both the receptors, the β-arrestin-dependent pathway 'opposes' the G-protein-dependent pathway by sequestering the activated kinases away from the nucleus along with their upstream activators, thus preventing their transcriptional and mitogenic effects while prolonging their activation in non-nuclear compartments (Figure 1a) (DeFea *et al.*, 2000b; Tohgo *et al.*, 2002).

As mentioned above, AT1R was the first GPCR shown to elicit G-protein-independent β-arrestin signalling, and this has been confirmed in numerous other cell types (Wei *et al.*, 2003; Kim *et al.*, 2005; Szidonya *et al.*, 2007; Tabata *et al.*, 2007). This receptor system is an ideal example of the significance of alternate signalling pathways and its multiple mechanisms for activation of MAPK have been well characterized. AT1R is a key regulator of blood pressure and inhibitors of its agonist, AngII, as well as inverse agonists of the receptor itself are used to treat cardiac disease (de la Sierra, 2006; Voors, 2007; Ruef *et al.*, 2007; Westermann *et al.*, 2007). Pointing to the pharmacological significance of G-protein-independent AT1R signalling, a recent *in vivo* study confirmed β-arrestin-dependent ERK1/2 activation by the G-protein-independent SII agonist in cardiac myocytes and perfused hearts (Rajagopal *et al.*, 2006; Tabata *et al.*, 2007). Another study in mice overexpressing either wt AT1R or the mutant AT1R (AT1-i2m) demonstrated that AngII stimulated cardiac hypertrophy and bradycardia in the AT1-i2M mice, but tachycardia in the wt mice. These effects correlated with the increased cytosolic versus nuclear localization of activated ERK1/2 (Tohgo *et al.*, 2002; Zhai *et al.*, 2005).

In addition to its role in cardiovascular pathology, AT1R may be involved in inflammation as well. For example, AngII contributes to immune cell recruitment into tissue in response to inflammatory signals, and plays a role in proliferation during tissue repair (Ruiz-Ortega *et al.*, 2006; Price *et al.*, 2007; Voors, 2007; Westermann *et al.*, 2007). A study by Hunton *et al.* (2005) demonstrated that AT1R-induced chemotaxis was Gαq/Gαi-independent and β-arrestin-2-dependent, as both the SII peptide and AngII promoted chemotaxis that was sensitive to siRNA knockdown of β-arrestin-2, but not knockdown of Gαq or pertussis toxin pretreatment. These studies raise the question of whether more specific AT1R antagonists that inhibit only one pathway might be developed. Conversely, it is possible that specific inhibition of AngII-induced Gαq signalling might enhance β-arrestin-dependent chemotaxis, an effect that may or may not be desirable in a therapeutic.

Like AT1R, PAR-2 has been implicated in a number of inflammatory disorders as well as tumour cell metastasis (Cocks and Moffatt, 2001; Fiorucci *et al.*, 2001; Cenac *et al.*, 2002; Ge *et al.*, 2004; Morris *et al.*, 2006). Current studies indicate that PAR-2 may have both protective and pathogenic effects in inflammatory diseases such as asthma and colitis, depending on the disease model, the administration of PAR-2 agonist and the physiological readout (Cocks *et al.*, 1999; Cocks and Moffatt, 2001; Fiorucci *et al.*, 2001; Schmidlin and Bunnett, 2001; Cenac *et al.*, 2002; Ge *et al.*, 2004; Ebeling *et al.*, 2005; Morris *et al.*, 2006). As a result, both agonists and antagonists of PAR-2 have been posed as therapeutics for the same diseases. Most of these drugs are screened using the Gαq-mediated IP3 generation or Ca^{2+} mobilization as read-outs of receptor activation; however PAR-2 can direct a number of G-protein-independent events in a cell-type-specific manner (Ge *et al.*, 2003, 2004; Wang and DeFea, 2006; Kumar *et al.*, 2007; Zoudilova *et al.*, 2007). The major proinflammatory phenotypes associated with PAR-2 activation are immune cell recruitment and increased cytokine production; whereas studies demonstrating PAR-2-induced smooth muscle cell relaxation and bronchodilation suggest a protective role. The latter two responses are dependent on epithelial-derived prostaglandin production, which is thought to be a Gαq-dependent event involving nuclear ERK1/2-induced COX2 gene transcription. In contrast, PAR-2-evoked chemotaxis is dependent on β-arrestins, and pseudopodial sequestration of ERK1/2. Thus, these seemingly paradoxical findings may be explained by G-protein versus β-arrestin-dependent signalling to ERK1/2, leading to responses associated with either protective or inflammatory events. Consistent with this idea, PAR-2 can promote opposing signals at the molecular level, in a manner dependent on β-arrestin expression (discussed in the next section). Furthermore, constitutive activation of β-arrestin-dependent ERK1/2 by PAR-2 was shown to promote migration of metastatic breast carcinoma cells, implying that β-arrestins might contribute to the metastatic potential of some cancers (Kamath *et al.*, 2001; Ge *et al.*, 2004; Morris *et al.*, 2006). As was mentioned for AT1R, the elucidation of these distinct signalling pathways may eventually lead to the development of pathway-specific drugs.

Parathyroid hormone receptor

Type I PTHR is highly expressed in kidney and bone where it plays a role in regulating Ca^{2+} homoeostasis and bone remodelling. Intermittent exposure to PTH promotes bone formation whereas persistent exposure promotes bone resorption; thus, it exerts both anabolic and catabolic effects on bone. Classical PTHR signalling involves activation of both Gαs and Gαq, and it has been shown to activate ERK1/2 by multiple pathways in different cell types through distinct PKC- and PKA-dependent pathways, as well as

transactivation of epidermal growth factor receptor. A recent study by Gesty-Palmer *et al*. (2006) demonstrated for the first time that PTHR-induced ERK1/2 activation involves separable PKA, PKC and β-arrestin-dependent components. Inhibition of PKA significantly reduced early ERK1/2 activation (at 2–5 min), while inhibition of PKC mildly inhibited late ERK1/2 activation. A Gαs-specific PTHR agonist (PTHNBR) promoted transient PKA-dependent ERK1/2 activation. Conversely, an inverse agonist of PTHR (PTH1A), which had no effect on cAMP generation or Ca^{2+} mobilization, was able to elicit prolonged ERK1/2 activation that was insensitive to PKC or PKA inhibition. siRNA knockdown of β-arrestin-1 and β-arrestin-2 eliminated ERK1/2 activation between 5 and 30 min of PTH or PTH1A treatment, but had no effect on PTH-NBR-induced ERK1/2 activation, suggesting that β-arrestins mediate ERK1/2 activation independent of Gαs or Gαq engagement. Interestingly, PTH1A promoted β-arrestin recruitment to the receptor, despite its ability to simultaneously inhibit Gαs-mediated cAMP generation. These studies support the theory of 'ligand-directed signalling', whereby an antagonist of one signalling pathway might promote another through the same receptor. Whether different pathways are linked to anabolic versus catabolic effects, or are preferentially activated by intermittent versus persistent PTH exposure is not yet clear; however, recent *in vivo* studies point to the physiological significance of β-arrestin-dependent signalling. In two studies, overall bone mass was shown to be decreased in β-arrestin-$2^{-/-}$ mice. Surprisingly, however, bone formation in response to intermittent PTH treatment, was decreased in male β-arrestin-2 knockout mice, but increased in female β-arrestin-$2^{-/-}$ mice (Ferrari *et al*., 2005; de Gortízar *et al*., 2006). The different responses may reflect the Gαs suppressing and MAPK-potentiating effects of β-arrestins, suggesting that additional hormonal influences may affect pathway-specific PTH activities.

Other examples of GPCRs inducing G-protein-independent MAPK activation

The V2R, a Gαs-coupled GPCR, plays an important role in controlling salt and water homoeostasis in renal tubules and regulation of blood pressure by promoting vasoconstriction. V2R, like AT1R and PAR-2, promotes the formation of stable receptor/β-arrestin/ERK1/2 complexes and β-arrestins are required for the prolonged ERK1/2 activation (Charest and Bouvier, 2003; Tohgo *et al*., 2003). More recently, Charest *et al*. demonstrated that downregulation of Gαs with cytotoxin increased vasopressin-induced cAMP generation but inhibited prolonged ERK1/2 activation. Inhibition of Gαi/o, Gαq or Gβγ had no effect on vasopressin-induced ERK1/2 activation. In contrast, expression of dominant-negative β-arrestin-1 and treatment with wortmannin and src family kinase inhibitors inhibited ERK1/2 activation, suggesting that V2R activates ERK1/2 via a β-arrestin-dependent, G-protein-independent pathway (Charest *et al*., 2007). In a study by Ren *et al*. (2005), early but not prolonged ERK1/2 activation by vasopressin was sensitive to inhibitors of PKA, a downstream target of Gαs. Taken together, these studies suggest that V2R activates ERK1/2 by at least two pathways; a transient, PKA-dependent one and a prolonged β-arrestin-dependent one. From a physiological perspective, these studies are important, as the vasoconstrictive effects of vasopressin may be mediated by the ERK1/2 pathway, while regulation of sodium absorption and potassium secretion are thought to be cAMP/PKA-dependent (Streefkerk *et al*., 2004; Knoers, 2005). Vasopressin receptor antagonists have been developed as therapeutics for treatment of hyponatremia (an electrolyte imbalance resulting from low sodium or water intoxication) and heart disease (Yamamura *et al*., 1998; Gheorghiade *et al*., 2004). These recent studies suggesting vasopressin receptors might utilize distinct pathways to direct vascular and renal effects raise the possibility that distinct effects of vasopressin could be specifically inhibited. Furthermore, they point to the importance of evaluating multiple pathways, as inhibition of one might increase the other.

A number of neuronal receptors that appear require β-arrestins for downstream signals. Of these, the μ-opioid receptor (MOR) and metabotropic glutamate receptor (mGluR1) may exhibit G-protein-independent, β-arrestin-dependent ERK1/2 activation. In addition, the D_2R signalling regulates PKB (aka AkT), a downstream target of PI3K via a G-protein-independent pathway, and is discussed in a later section.

μ-opioid receptors, typically couple to Gαo to mediate changes in K^+ and Ca^{2+} channel activity as well as activation of ERK1/2. Several studies suggest a role for G-protein-independent, β-arrestin-dependent activation of ERK1/2 by these receptors, which may occur in an agonist-specific manner. MOR agonists of the enkephalin family promote recruitment of β-arrestin-2 to the receptor and subsequent ERK1/2 activation whereas, morphine does not, although both triggered Gαi coupling (Clark *et al*., 2004; Macey *et al*., 2006). ERK1/2 activation was abolished after siRNA knockdown of β-arrestins and in mice lacking the G-protein receptor kinase-3. Other studies have demonstrated the existence of heterodimers of MOR and δ-opioid receptors that function as a distinct signalling unit from their homodimeric counterparts. In a study by Rozenfeld and Devi (2007), cells expressing both receptors constitutively recruited β-arrestin-2 to the plasma membrane and subsequent treatment with the MOR agonist (DAMGO) resulted in two waves of ERK1/2 activation. In cells expressing MOR alone, only the early phase of ERK1/2 activation was observed, which was dependent on PKC (presumably G-protein-dependent), while transfection with β-arrestin-2 siRNA abolished the later phase. Consistent with what was reported for other receptors, the β-arrestin-activated ERK1/2 was cytosolic whereas the PKC-activated ERK1/2 was primarily nuclear. Simultaneous administration of MOR and δ-opioid receptors agonists disrupted the heterodimers, leading to activation G-protein-dependent pathways and abolition of the prolonged, cytosolic MAPK activity. The role of β-arrestin-2 in opioid-associated responses is not entirely understood. Its classic role as a G-protein uncoupler may be important for development of tolerance, as β-arrestin-$2^{-/-}$ mice exhibit enhanced morphine analgesia and decreased tolerance that is partially reversed by PKC. Whether β-arrestin-dependent MAPK mediates responses other than

those associated with pain, or plays an additional role in enhancing MOR-induced analgesia is not clear. Certainly, the apparent ability of different opioid receptor agonists to preferentially activate β-arrestin versus G-protein pathways merits further investigation.

Adenosine receptors constitute a widely distributed family of receptors that regulate a number of CNS behavioural activities. The mGluR1 is a Gαq-coupled receptor that can form complexes with Gαi/o-coupled adenosine receptors A1R and A2AR in Purkinje cells. A recent study by Tabata *et al*. (2007) suggested that A1R inhibited mGluR1-coupled inward current, independent of Gαs, Gαi and Gαq proteins, in response to adenosine through heterodimer formation. While the role of β-arrestins in this G-protein-independent signalling pathway was not addressed, in other studies, mGluR1 was demonstrated to exhibit β-arrestin-dependent ERK1/2 activation, while internalization was β-arrestin-independent (Iacovelli *et al*., 2003). Thus, A1R/mGluR1 heterodimers may preferentially signal to the β-arrestin-dependent pathway, which in turn might inhibit inward current.

Opposing β-arrestin and G-protein signals: PI3K, cofilin and NF-κB pathways

While both G-protein- and β-arrestin-dependent pathways can lead to MAPK activation, recent studies have revealed examples of a single GPCR simultaneously activating and inhibiting the same enzyme through G-protein- and β-arrestin-dependent pathways. A number of these examples involve β-arrestin-dependent regulation of proteins involved in chemotaxis (Sun *et al*., 2002; Hunton *et al*., 2005; Wang and DeFea, 2006; DeFea, 2007; Zoudilova *et al*., 2007). For example, in a cell line that expresses relatively low levels of endogenous β-arrestins, activation of PAR-2 leads to increased PI3K activity; this is abolished by Gαq knockdown or intracellular Ca^{2+} chelation. (PAR-2-induced MAPK activation is discussed in a previous section). In contrast, in a cell line with high levels of endogenous β-arrestins, PAR-2 activation reduces baseline PI3K activity by twofold. Expression of β-arrestins in the former cell line abolishes the PAR-2-stimulated PI3K activity and knockdown of β-arrestins in the latter cell line uncovers a PAR-2-stimulated increase in PI3K activity. Inhibition of PI3K by β-arrestins is attained through direct interaction with the enzyme in response to PAR-2 activation (Wang and DeFea, 2006; Wang *et al*., 2007) (Figure 1b).

Consistent with β-arrestin-dependent PI3K inactivation, β-arrestin-2 plays an important role in the inactivation of the ser/thr kinase Akt (a downstream target of PI3K) by D_2R. D_2R is a Gαi-coupled receptor, but some of its effects involve dephosphorylation and inactivation of Akt through activation of the phosphatase PP2A. A recent study demonstrated that β-arrestin-2 scaffolds Akt with its inactivating phosphatase, and that D_2R-induced Akt dephosphorylation requires β-arrestin-2 (Beaulieu *et al*., 2005). Dopamine receptors and their signalling pathways are the molecular targets of many antidepressants and antipsychotics; the antipsychotic haloperidol inhibits D_2R signalling to Gαi but increases AkT phosphorylation. Some other drugs, such as lithium, appear to act through inhibition of Akt (Beaulieu *et al*., 2007), suggesting that some existing antidepressants may already selectively target the β-arrestin-dependent pathway. Thus, the emergence of β-arrestin-dependent Akt inactivation as a separable D_2R-mediated pathway raises the possibility of the development of more specific antidepressant/antipsychotic drugs.

Similar findings were reported for regulation of the cofilin pathway. Cofilin is an actin filament severing protein essential for chemotaxis. Its activity is typically tightly controlled, being activated by dephosphorylation at the leading edge of migrating cells and maintained in an inactive state by LIMK-mediated phosphorylation at the back. In the presence of β-arrestins, PAR-2 inhibits LIMK and activates cofilin; in their absence, PAR-2 stimulates LIMK activity and does not activate cofilin. β-arrestins also associate with cofilin, LIMK and the recently identified cofilin phosphatase, chronophin, suggesting a distinct scaffolding complex for regulating this pathway (Zoudilova *et al*., 2007) (Figure 3). This β-arrestin-dependent regulation of cofilin is likely involved in chemotaxis downstream of other GPCRs, as it was recently identified in a proteomics screen as a β-arrestin-binding partner in response to AngII treatment (Xiao *et al*., 2007).

While they may initially appear convoluted, these findings are entirely consistent with the ability of PAR-2 to promote directed cell migration. For a cell to migrate towards a chemotactic signal, it must first polarize and begin to form a leading edge in the direction of the agonist. This process involves severing of existing actin filaments paired with polymerization of new ones; to maintain forward motion, cooperation between cofilin-induced severing and actin polymerization continues within the leading edge. PI3K also plays an important role in chemotaxis, as it can regulate acidic phospholipid levels and activate downstream pathways involved in actin filament stability. Importantly, the same processes must be inhibited in other parts of the cell. Thus, it is logical for a single receptor to be capable of stimulation and inhibition of proteins involved in chemotaxis in a spatially regulated fashion (DeFea, 2007). As discussed earlier, PAR-2 is a popular therapeutic target; both agonists and antagonists have been posed for the treatment of various diseases. As PAR-2-induced cell migration is dependent on β-arrestins (Ge *et al*., 2003), and plays a role in the migration of some metastatic tumour cells (Kamath *et al*., 2001; Ge *et al*., 2004; Morris *et al*., 2006) as well as inflammation (Schmidlin and Bunnett, 2001), the possibility that antagonizing PAR-2-induced Gαq coupling could increase cell migration is an important consideration.

β_2 adrenergic receptor has been shown to activate and inhibit NF-κB, a transcription factor that plays a major role in expression of genes involved in innate immune responses, cell proliferation and differentiation (Chandrasekar *et al*., 2004; Gao *et al*., 2004; Parameswaran *et al*., 2006). In its inactive state, NF-κB is bound to an inhibitory protein IFκB. A number of inflammatory signals result in phosphorylation of IFκB, promoting dissociation from and activation of NF-κB. In a study of transfected cells by Gao *et al*. (2004), it was demonstrated that the N terminus of β-arrestin-2 directly

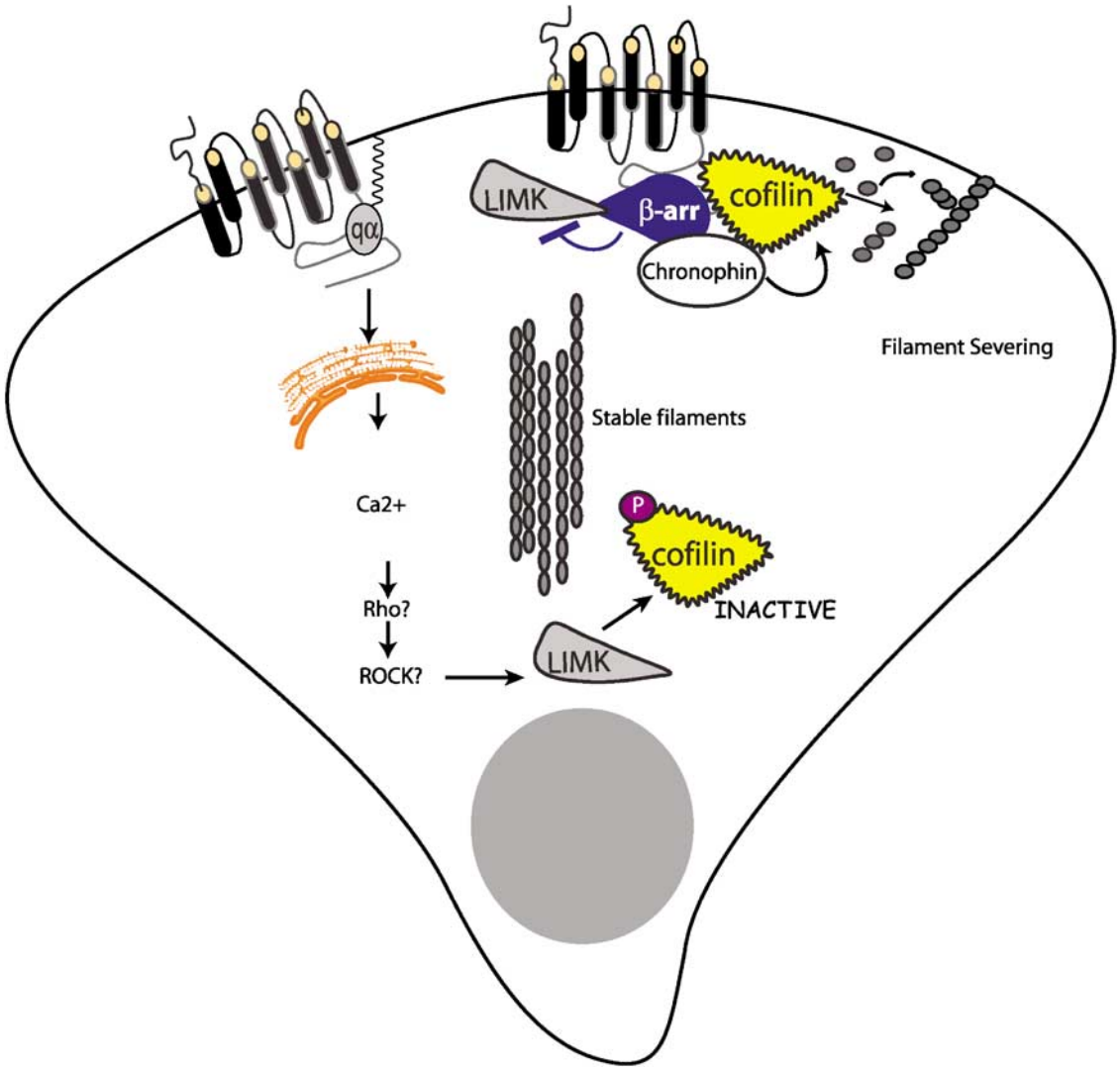

Figure 3 Localized activation and inactivation of cofilin by PAR-2. PAR-2 can activate cofilin, an actin filament-severing protein important for chemotaxis, through recruitment of β-arrestins and subsequent binding of cofilin, its activating phosphatase (chronophin) and its inhibitory kinase (LIMK). β-arrestin inhibits LIMK activity, preventing it from dephosphorylating and inactivating cofilin. The net result is increased cofilin activity at the leading edge, which is important for turnover of filaments during cell migration. Simultaneously, through coupling to Gαq, PAR-2 can activate LIMK, presumably in regions of the cell where filament stability is essential, leading to localized inhibition of cofilin. PAR, protease-activated receptor.

interacts with IFκB and prevents its degradation, leading to inhibition of NF-κB activity. Interaction of IFκB with β-arrestin-2 was enhanced by activation of β_2AR, and this appeared to antagonize NF-κB activation and subsequent transcriptional activity in response to inflammatory mediators such as TNFα. An inhibitory role for β-arrestin-2 in NF-κB activity was corroborated by a study demonstrating enhanced lipopolysaccharide-induced NF-κB activation after β-arrestin-2 knockdown (Parameswaran *et al*., 2006). In contrast, a study in isolated mouse myocardium and cardiac-derived endothelial cells showed β_2AR-induced activation of NF-κB and subsequent transcriptional activity (Chandrasekar *et al*., 2004). Thus, it is possible that β_2AR can have both pro- and anti-inflammatory effects, in a manner dependent on the expression of β-arrestins. Furthermore, selective activation of β-arrestin-dependent β_2AR signalling might have therapeutic potential as an anti-inflammatory agent.

Synergistic G-protein and β-arrestin-dependent signals

While most of the examples of β-arrestin-dependent signalling have been G-protein-independent, a study by Barnes *et al*. (2005) suggested that activation of the small GTPase RhoA by AT1R, and subsequent stress fibre formation, required input from Gαq- and β-arrestin-1-dependent pathways. RhoA can be activated by PI3K through PIP3-mediated activation of Rho-specific guanine exchange factors and by Gα12/13 proteins. It plays an important role in the

formation and maintenance of stress fibres, in part through activating LIMK (which prevents filament severing) and activating myosin light-chain kinase (which promotes myosin binding and cell contraction). Localized activation of RhoA is important for cell attachment, and is often spatially distinct from activation of cofilin- and actin-polymerizing factors. Interestingly, β-arrestin-2, which is essential for AT1R-mediated chemotaxis, was not required for RhoA activity. It is likely that successful AT1R-mediated chemotaxis *in vivo* requires the integration of β-arrestin-2-dependent migratory signals (discussed above) with Gαq/β-arrestin-1-dependent cell attachment signals (through RhoA) (Figure 1c). A similar integrated signalling network between activation and inhibition of LIMK may also be involved in successful PAR-2-induced chemotaxis (discussed above) *in vivo*.

While there is increasing evidence for β-arrestin-dependent, G-protein-independent pathways of ERK1/2 activation, some receptors appear to utilize β-arrestin in a manner that is synergistic with G-protein activation. One such example is the ghrelin receptor growth hormone secretagogue receptor type 1a, expressed in both neuronal and non-neuronal tissue, is a Gαq/Gαi-coupled receptor that promotes the release of growth hormone, prolactin and corticotrophin from the anterior pituitary, and ERK1/2-depenent proliferation in peripheral tissues. A recent study by Camina *et al*. suggested that GHS-R1a utilizes three pathways to activate ERK1/2, all of which converge at the level of Src activation: Gαi-dependent activation free βγ subunits, Gαq-dependent activation via PKC and Ca^{2+}, and β-arrestin-dependent scaffolding (Camina *et al*., 2007). Temporally, all three pathways are overlaid; however, differences in subcellular localization were not examined. The idea of convergent β-arrestin and Gαq-dependent pathways for ERK1/2 activation has been suggested for other receptors, such as neurokinin-1 receptor, which promotes proliferation via a β-arrestin- and G-protein-dependent ERK1/2 activation.

Concluding remarks

Clearly, for many GPCRs, β-arrestins constitute a separable signalling arm from the classical heterotrimeric G-proteins, in addition to functioning as terminators of G-protein/receptor coupling. While in some instances, β-arrestin signalling may functionally oppose G-protein signalling at multiple levels, in other cases, it may serve to prolong the same signal by sequestration of activated enzymes. In the latter case, selective agonists or antagonists that do not promote β-arrestin recruitment may allow for transient, but not prolonged,

Table 1 β-arrestin-dependent, G-protein-independent signalling by G-protein-coupled receptors

GPCR	*β-arrestin-dependent activity*		*G-protein-independent?*	*Sequestration*	*Response*	*Reference*
B_2AR	ERK1/2	↑	Yes	Membrane/nucleus	?? Transcription	Luttrell *et al*. (1999); Kobayashi *et al*. (2005); Shenoy *et al*. (2005)
	NF-kB	↓	??	Cytosol	Inhibition of inflammation	Chandrasekar *et al*. (2004); Gao *et al*. (2004); Parameswaran *et al*. (2006)
A_2AR	Src	↑	Yes	??	??	Pierce *et al*. (2000)
	ERK1/2	↑	Yes			Wang *et al*. (2006)
AT1R	ERK1/2 (β2)	↑	Yes	Cytosol	Inhibition of transcription	Tohgo *et al*. (2002, 2003); Ahn *et al*. (2004); Szidonya *et al*. (2007)
	RhoA (β1)	↑	No	Cytosol	Stress fibre formation	Barnes *et al*. (2005)
	Jnk	↑	?	Cytosol	?	McDonald *et al*. (2000)
PAR-2	ERK1/2	↑	Yes	Cytosol/membrane	Chemotaxis, inhibits proliferation	DeFea *et al*. (2000a, b); Ge *et al*. (2003, 2004); Kumar *et al*. (2007)
	Cofilin	↑	Yes	Leading edge	Filament severing, chemotaxis	Zoudilova *et al*. (2007)
	LIMK	↓	Yes	Membrane	Filament stability	Zoudilova *et al*. (2007)
	PI3K	↓	Yes	Membrane/leading edge	Chemotaxis, other functions?	Wang *et al*. (2006, 2007)
PTHR	ERK1/2	↑	Yes	??	Bone remodelling?	Ferrari *et al*. (2005); de Gortízar *et al*. (2006); Gesty-Palmer *et al*. (2006)
V2R	ERK1/2	↑	Yes	Cytosol	??	Charest and Bouvier (2003); Togho *et al*. (2003); Charest *et al*. (2007)
CXCR4	p38MAPK	↑	?	?	Chemotaxis	Sun *et al*. (2002)
D2R	AkT	↓	Yes?	Cytosol	Motor control/mood	Beaulieu *et al*. (2005)
MOR	ERK1/2 (β2)	↑	??	Cytosol	?	Clark *et al*. (2004); Macey *et al*. (2006); Rozenfeld and Devi (2007)
mGLUR1	ERK1/2	↑	Yes	?	↓Inward current	Tabata *et al*. (2007)
GHS-R1a	ERK1/2	↑	No	Nucleus	Proliferation	Camina *et al*. (2007)

signals. Conversely, in the former example, selective activation or inhibition of G-protein- or β-arrestin-dependent pathways may allow for more selective regulation of GPCR-mediated events. What determines whether β-arrestins terminate or facilitate a signal, or whether they synergize with or oppose the G-protein signal? Recent evidence suggests that some ligands will preferentially activate β-arrestin-dependent signalling pathways (reviewed by Violin and Lefkowitz, 2007). Other possible factors that determine which pathway is activated include agonist concentration (Sun *et al.*, 2007), the phosphorylation state of the receptor (Ren *et al.*, 2005), receptor palmitoylation (Charest and Bouvier, 2003) and the stabilization of specific activation state conformations (Azzi *et al.*, 2003; Yee *et al.*, 2006). Modification of β-arrestins themselves by ubiquitinylation or phosphorylation can affect the stability of β-arrestin complexes and potentially the efficiency of their signalling (Lin *et al.*, 1999; Shenoy *et al.*, 2007). Furthermore, the availability of downstream effectors, such as β-arrestins or specific heterotrimeric G-proteins can vary in a cell-type-specific fashion, leading to distinct signalling events (Wang and DeFea, 2006). GPCRs remain one of the primary therapeutic targets for numerous diseases. In addition, there are other GPCR-interacting proteins that might mediate G-protein-independent signals (Brzostowski and Kimmel, 2001; Sun *et al.*, 2007). From a pharmacological standpoint, the existence of G-protein-independent pathways alters the way in which agonists, antagonists and inverse agonists must be selected, while simultaneously opening the door for the development of more pathway-specific therapeutics (Table 1).

Acknowledgements

KD is supported by National Institutes of Health, R01GM066151 and the Division of Biomedical Sciences, University of California.

Conflict of interest

The author states no conflict of interest.

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